

CS/BSM/SEM-6/BSM-602/2012

2012

PSYCHOLOGY OF SPORTS

Time Allotted : 3 Hours

Full Marks : 70

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own words as far as practicable.

GROUP – A

(Multiple Choice Type Questions)

1. Choose the correct alternatives for the following :

10 × 1 = 10

- i) Psychology comes from the
 - a) Greek word b) Latin word
 - c) French word d) none of these.
- ii) Who is the father of Psychology ?
 - a) Watson b) Freud
 - c) Skinner d) None of these.
- iii) Stimulus substitution theory was founded by
 - a) Fayol b) Kohler
 - c) Pavlov d) None of them.
- iv) Who developed the need Hierarchy theory of Motivation ?
 - a) Peter Drucker b) Henry Fayol
 - c) Maslow d) None of them.
- v) What is the full form of 'OC' and 'CC'
 - a) Operant Conditioning, Classical Conditioning
 - b) Optional Condition & Class Condition
 - c) Both (a) & (b)

- d) None of these.
- vi) Learning Means
 - a) Change behaviour b) Change Emotion
 - c) Change Experience d) Both (a) & (c).
- vii) Id, Ego & Superego is a part of
 - a) Personality b) Emotion
 - c) Motivation d) None of these.
- viii) Which is the last stage in need hierarchy theory ?
 - a) Self Esteem b) Social needs
 - c) Self Actualisation d) None of these.
- ix) Motivation comes from the
 - a) Latin Word b) Greek Word
 - c) French Word d) None of these.
- x) LBS is hevaviour in sports.
 - a) Lateral b) Logical
 - c) Leadership d) None of these.

GROUP – B

(Short Answer Type Questions)

Write short notes on any *three* of the following.

$3 \times 5 = 15$

2. Define Psychology.
3. Write a short note on classical and operant conditioning.
4. Define personality and mention the different types of personality.
5. What is Learning ?
6. What is Emotion ?

GROUP – C

(Long Answer Type Questions)

Answer any *three* of the following. $3 \times 15 = 45$

7. Define Confidence. Explain with examples how will you develop the confidence of players of Mohan Bagan Club to perform better in the I-League next season.
8. Discuss about psychoanalytic theory.
9. Explain Psychosexual stages from Psychoanalytic theory.
10. Share your thoughts on "Relation between emotions and sports performance" with examples.
11. Goal setting is very essential for achieving excellent performance in sports. — Justify with the performance of Dempo Sports Club in I-League.