

CS/BSM/SEM-6/BSM-602/2013

2013

PSYCHOLOGY OF SPORTS

Time Allotted : 3 Hours

Full Marks : 70

The figures in the margin indicate full marks.

*Candidates are required to give their answers in their own words
as far as practicable.*

GROUP – A

(Multiple Choice Type Questions)

1. Choose the correct alternatives for the following :

10X1 = 10

i) Psychology comes from the

a) Greek word

b) Latin word

c) French word

d) none of these.

ii) Who is the father of Psychology ?

a) Watson

b) Freud

c) Skinner

d) none of them.

iii) Psychology is a science of

a) Soul

b) Mind

c) Behaviour

d) Human Behaviour.

iv) Persona means

a) the mask

b) veil

c) both (a) & (b)

d) none of these.

v) Who is the founder of 'Behaviourism' ?

a) J. B. Watson

b) B. F. Skinner

c) Titchener

d) none of them.

vi) What are the full forms of 'OC' and 'CC' ?

a) Operent Conditioning, Classical Conditioning

b) Optional Condition, Class Condition

c) Both (a) & (b)

d) None of these.

vii) Emotion comes from the

a) Latin word

b) Greek word

c) both (a) & (b)

d) none of these.

viii) Introvert & extrovert are part of

a) Personality

b) Emotion

c) Motivation

d) none of these.

ix) Sports Psychology is a part of

a) branches of Psychology

b) parts of Psychology

c) scope of Psychology

d) none of these.

x) Modification of behaviour means

- a) Learning
- b) Motivation
- c) Emotion
- d) none of these.

GROUP – B

(Short Answer Type Questions)

Answer any *three* of the following. 3X5 = 15

- 2. Why is Psychology called as a science of behaviour ?
- 3. Write any 4 objectives of Behaviourism.
- 4. What is the meaning of Conditioning ?
- 5. What are the determinants of Personality ?
- 6. What is learning ?

GROUP – C

(Long Answer Type Questions)

Answer any *three* of the following. 3X15 = 45

- 7. What is Psychology ? Describe Observation method with its merits & demerits. 3 + 12
- 8. Explain Psychosexual stages from Psychoanalytic Theory.
- 9. Explain importance of motivation in sports performance.
- 10. Discuss about role of Sports Manager in developing confidence among sports personalities.
- 11. Explain relation between emotions and sports performance.